



Financial Support for the  
Jewish Community



**ONE Stop - SEVEN Options**

**Grants – Loans – Scholarships  
Financial Counseling**



Visit [JFundsPgh.org](http://JFundsPgh.org)  
for more information

## Helpful Community Resources

Directly contact the organizations/programs listed below for additional info. Updated March 2026

### Food

**JFCS Squirrel Hill Food Pantry** is an emergency/supplemental food location for anyone in the county. If you live in 15217, you may be eligible for full service. They can advise you.

Monday, Wednesday 9AM-12:15PM      Tuesday, Thursday, Friday 9AM-12:15PM & 1:30PM-3:30PM  
828 Hazelwood Ave, Pittsburgh, PA 15217      Call for more info: 412.421.2708

**The Greater Pittsburgh Food Bank** maintains a running list of food distribution sites and programs in the area: [pittsburghfoodbank.org/find-food/get-help](http://pittsburghfoodbank.org/find-food/get-help)

**Mollie's Meals**, a food program of the Jewish Association on Aging and subsidized by the Area Agency on Aging. Call for info 412.421.7616.

**Our Giving Kitchen** provides ready to eat, nutritious meals, for anyone in need, no questions asked. Meals can be picked up from our storefront on Murray Ave. To be updated on store hours and weekly menus please subscribe to our email list on our website, [ogkpggh.com](http://ogkpggh.com).

### Not sure what's available? Consider Starting here:

**JFCS Critical Needs Hotline**      [critical@jfcspgh.org](mailto:critical@jfcspgh.org)      (412)742-4215  
Support and guidance for food, career services, counseling, eldercare, special needs, navigating benefits

**Pennsylvania 211**      Dial 211      OR      Text your zip code to 898-211      OR      visit [www.pa211.org/get-help/](http://www.pa211.org/get-help/)  
Connect with resources and help of all kinds. Dial 211 or text your zip code to 898-211 to talk with a resource specialist for free. Or view search page to explore by categories like financial assistance, housing and food.

**AHN Community Support Platform**      [www.AHNCommunitySupport.Com](http://www.AHNCommunitySupport.Com)  
Assistance connecting with social programs based on unique needs and locations. Can help with food, housing transportation, goods, education, legal assistance, finances, health care and work. [AHNCommunitySupport.Com](http://AHNCommunitySupport.Com) & zip

### Other Sources of Supportive Resources

**Allegheny Go**      <https://discountedfares.alleghenycounty.us/>  
Get 50% off transit fares for people who currently reside in Allegheny County, are between the ages of 12-64, and have been receiving SNAP benefits for at least 3 months.

**Allegheny Link**      [alleghenycounty.us/Human-Services/About/Contact/Link/Contact.aspx](http://alleghenycounty.us/Human-Services/About/Contact/Link/Contact.aspx)  
Service Coordinators available by phone, email, and in person (866) 730-2368 or send message through their website

**Agewell** [Agewellpgh.org](http://Agewellpgh.org)      (412) 422-0400  
Info/Referral services for Seniors: Meals/Transportation/Wellness/Health/Care/Safety

**BigBurgh**      [BigBurgh.com](http://BigBurgh.com)      Pittsburgh's online source for a wide range of available services for youth & adults (jobs, housing, financial, food, health, safe places), focus is on those who are or at risk of being homeless.

**Blessing Board** blessingboard.org Free furniture for people unable to purchase their own. (412) 646-4786

**The Branch (formerly JRS/Jewish Residential Services)** Supports individuals with psychiatric, intellectual, or developmental disabilities, helping them learn to live, learn, work, and socialize as valued members of the community.  
Thebranchpgh.org (412) 325-0039

**CAP/Peoples** Payment plans for customers [peoples-gas.com/my-account/help-pay/pa/assistance-program.php](http://peoples-gas.com/my-account/help-pay/pa/assistance-program.php)  
Customer Assistance Program (CAP) participants are given an affordable monthly payment. The payments are based on their income, not their gas usage. CAP participants make affordable payments to maintain service by paying between 4-6 percent of their total monthly before-tax income each month.

**Compass** COMPASS is an online tool for Pennsylvanians to apply for many [health and human service programs](#) and manage benefit information including healthcare, food assistance, child care, rental assistance, long term living services.  
<https://www.compass.dhs.pa.gov/> (800) 692-7462

**Dollar Energy Fund:** Helping families maintain utility services <https://www.dollarenergy.org/>

**Find Help** Search by zip code and need and explore various community resources. <https://www.findhelp.org>

**Free Financial Counseling** Focus on the goals you choose including: budgeting/spending plans, student loan consolidation, credit card best practices, applying for public assistance, credit score improvement, home purchasing guidance. Go to [JFundspgh](#) or The Financial Empowerment Center (FEC) [neighborhoodallies.org/fec/](http://neighborhoodallies.org/fec/) 1-800-298-0237

**Free Store (Braddock & Wilkinsburg)** Redistributes clothing (adults and children), toiletries, and household items at no cost to individuals in need. Wilkinsburg store open only Saturday mornings. Open to all communities  
freestore15104.org (201) 532-1722 freestorewilkinsburg.org (412) 436-9836

**Hebrew Free Loan Association (HFLA)** HFLAPGH.org (412) 212-8682  
Provides 0%-interest LOANS up to \$10,000 for major expenses such as car purchase or repair, home improvement or repair, tuition, life-cycle events, credit card consolidation, adoption/fertility, or small business

**hope+door** [www.hopeanddoor.org](http://www.hopeanddoor.org) Provides grants for up to two months of rent for qualified families.

**Jeremiah's Place** jeremiahsplace.org (412) 924-0726 Provides free emergency childcare services for children ages 0-6 for a few hours or a few days based on the needs of each individual family.

**Jewish Assistance Fund** JAFpgh.org (412) 521-3237  
Grants with no repayment to help the Western PA Jewish Community with pressing expenses

**Jewish Burial & Cemetary Association (JCBA)** Providing dignified burials to Jews in need in accordance with our laws and customs [www.jcbapgh.org](http://www.jcbapgh.org) (412) 553-6469

**Jewish Federation of Greater Pittsburgh Israel Scholarships** [Jewishpgh.org/scholarships](http://Jewishpgh.org/scholarships)  
Grants, both non-need and need-based, for peer-group Israel trips for teens and young adults

**Jewish Federation of Greater Pittsburgh One Happy Camper** [Jewishpgh.org/info/one-happy-camper/](http://Jewishpgh.org/info/one-happy-camper/)  
Grants to children attending Jewish overnight camp for the first time

**Jewish Fertility Foundation** [jewishfertilityfoundation.org/pittsburgh/](http://jewishfertilityfoundation.org/pittsburgh/) Engaging hopeful parents by providing financial assistance, emotional support, and infertility education to those struggling to build their families

**Jewish Scholarship Service of Greater Pittsburgh** [jfcspgh.org/services/scholarships](http://jfcspgh.org/services/scholarships)  
Provides Jewish students with tuition assistance in their pursuit of higher education. Check for deadlines.

**JFunds** JFundspgh.org A network of Jewish financial support services: grants, loans, scholarships and financial coaching

**Just Harvest** Helps with filing taxes, finding healthy food, getting food stamps Justharvest.org (412) 431-8960

**Law Clinic – Duquesne University** 412.396.4704 lawclinic@duq.edu  
Provides individuals and families with low incomes legal assistance for subjects including family law, landlord tenant issues for tenants, juvenile defender issues, re-entry legal services, veterans issues, and wills and healthcare decisions

**LifeSpan** Support services for residents of Allegheny County 60 and over, all clients over 60 qualify for care management and identification of resources and may also be evaluated to see if they qualify for an appropriate form of care ranging from adult day service lifespanpa.org (412) 464-1300

**LIHEAP** Low Income Home Energy Assistance Program (LIHEAP) is a federally-funded program that helps low-income households with their home energy bills. LIHEAP can help you stay warm in the winter and cool in the summer. compass.state.pa.us (866) 857-7095 Fact sheets available at the front desk of the JFCS Squirrel Hill Food Pantry

**Moms Work (formerly Center for Women)** An NCJW program focused on empowering women who seek financial wellbeing. It provides education, networking, and advocacy related to financial wellness. ncjwpgh.org/program/momswork/ (412) 421-6118, Option 2

**Neighborhood Legal Services Association** Provides free legal services to low income individuals and families. pittsburghprobono.org/Neighborhood\_Legal\_Services\_Association.asp (412) 402-6677

**Pennie** Connecting Pennsylvanians to health coverage Pennie.com (844) 844-8040

**PGH2O Cares Customer Assistance Programs** Help for water/waste water bill. A variety of programs for low income individuals and families (412) 555-2423

**RentHelpPGH** Supporting Allegheny County Residents Experiencing Housing Instability **renthelpppghresources.org**  
RentHelpPGH serves all Allegheny County households at risk of or engaged in eviction proceedings by identifying and connecting those families with resources that can remedy the cause of their instability or eviction, whether legal, rental, or utility assistance or other supports.

**RESOLVE** (888) 796-8226 24-hour Crisis Network providing phone and walk-in help for emotional distress, free for Allegheny County residents. Concerns can be large or small.

**Squirrel Hill Health Center** squirrelhillhealthcenter.org Medical: (412) 422-7442 Dental: (412) 697-7997  
Comprehensive healthcare for all income levels and insurance status, including dental

**St Vincent De Paul** Provides clothing, household goods, rent, utility, financial assistance, and more. Helpful listing of other resources. svdpitt.org (412) 321-1071 Additional Resources <http://svdpitt.org/additional-resources/>

**Thriftique/NCJW** Resale clothing, furniture, home decor, housewares, and more  
ncjwthriftique.com (412) 742-4951 125 51st Street, Lawrenceville (FREE on-site parking & public transit)

**University of Pittsburgh School of Dental Medicine** Comprehensive and emergency care for children and adults by appointment. Some financial assistance may be available for uninsured children For adults: (412) 648-8616 For children: (412) 648-8930

**Veterans Place of Washington Boulevard** Making veterans lives better and connecting them with resources and networks VeteransPlaceUSA.org (412) 363-0500

**10.27 Healing Partnership** A safe haven for all seeking help and healing from trauma  
1027healingpartnership.org Non-emergency (412) 697-3534 In a crisis call: (888) 796-8226

### **Seasonal**

**Free Tax Preparation** – United Way 211 IRS Certified volunteers can help households earning up to \$70,000/year  
Schedule an appointment at [unitedwayswpa.org/free-tax-prep](https://unitedwayswpa.org/free-tax-prep)

### **SNAP and lost food during power outages & other emergencies**

<https://www.pa.gov/content/dam/copapwp-pagov/en/dhs/documents/services/masscare/documents/Replacement-SNAP-Flyer-English-PA-1986.pdf> SNAP recipients may be eligible for reimbursement of benefits to cover lost food.

### **Not sure who to contact – could use some support navigating services?**

Contact your **State Legislator's Office**: Their staff may be able to help navigate benefits, address issues  
<https://www.palegis.us/find-my-legislator>

**This list of service providers is only partial and does not constitute a recommendation by the Jewish Assistance Fund.**