



## Helpful Community Resources (updated March 2024)

We encourage you to contact the organizations and programs listed below for additional information.

### Allegheny Link

Service Coordinators available by phone, email, and in person (866) 730-2368 and by sending a message through their website <https://www.alleghenycounty.us/Human-Services/About/Contact/Link/Contact.aspx>

### Affordable Connectivity Program (ACP)

A U.S. government program that helps many low income households pay for broadband service and internet connected devices. [ACPBenefit.org](https://www.acpbenefit.org)

### Agewell

Info/Referral to services for Seniors: Meals, Transportation, Wellness, Health, Care, Safety  
[Agewellpgh.org](https://www.agewellpgh.org) (412) 422-0400

### Beth Shalom's Medical Devices Gemah

Providing loans of medical devices to people in need in the Pittsburgh Area.  
[bethshalompgh.org/medicaldevices/](https://www.bethshalompgh.org/medicaldevices/) (412) 421-2288

### BigBurgh

Pittsburgh's online source for a wide range of available services for youth & adults (jobs, housing financial, food, health, safe places), focus is on those who are or at risk of being homeless. [BigBurgh.com](https://www.bigburgh.com)

### Blessing Board

Free furniture for people if they are without and cannot avoid to purchase their own.  
[blessingboard.org](https://www.blessingboard.org) (412) 646-4786

### Compass

COMPASS is an online tool for Pennsylvanians to apply for many health and human service programs and manage benefit information including healthcare, food assistance, child care, rental assistance, long term living services, etc.)  
[compass.state.pa.us](https://www.compass.state.pa.us) (800) 692-7462

### Financial Coaching (Free and Available through JfunDS)

Free financial coaching available through JfunDS. Focus on the goals you choose including: budgeting/spending plans, student loan consolidation, credit card best practices, applying for public assistance, credit score improvement, home purchasing guidance [Jfundspgh.org/financialcoaching](https://www.jfundspgh.org/financialcoaching)

### Free Store (Braddock & Wilkinsburg)

Redistributes clothing (adults and children), toiletries, and household items at no cost to individuals in need. Wilkinsburg store open only Saturday mornings. Open to all communities [freestore15104.org](https://www.freestore15104.org) (201) 532-1722  
[freestorewilkinsburg.org](https://www.freestorewilkinsburg.org) (412) 436-9836

### Greater Pittsburgh Community Food Bank

Provides free food for those in need. Search by zip code or neighborhood name to find your local food pantries & emergency food distribution [pittsburghfoodbank.org/get-help/](https://www.pittsburghfoodbank.org/get-help/)

### Hebrew Free Loan Association (HFLA)

Provides 0%-interest LOANS up to \$10,000 for major expenses such as car purchase or repair, home improvement or repair, tuition, life-cycle events, credit card consolidation, adoption/fertility, or small business  
[HFLAPGH.org](https://www.hflapgh.org) (412) 212-8682

**Jeremiah's Place**

Provides free emergency childcare services for children ages 0-6 for a few hours or a few days based on the needs of each individual family.

[jeremiahsplace.org](http://jeremiahsplace.org) (412) 924-0726

**Jewish Assistance Fund**

Grants with no repayment to help the Western PA Jewish Community with pressing expenses

[JewishAssistanceFund.org](http://JewishAssistanceFund.org) (412) 521-3237

**JFCS Critical Needs Hotline**

Support and guidance for food, career services, counseling, eldercare, special needs, navigating benefits

[critical@jfcspgh.org](mailto:critical@jfcspgh.org) (412)742-4215

**JFCS Squirrel Hill Food Pantry**

Food assistance for the 15217 area and emergency food or kosher food outside of the 15217 area

[JFCSpgh.org/services/squirrel-hill-food-pantry/clients](http://JFCSpgh.org/services/squirrel-hill-food-pantry/clients) (412) 421-2708 828 Hazelwood Avenue Pittsburgh, 15217

**Jewish Federation of Greater Pittsburgh Israel Scholarships**

Grants, both non-need and need-based, for peer-group Israel trips for teens and young adults

[Jewishpgh.org/scholarships](http://Jewishpgh.org/scholarships) OR [dswartz@jfedpgh.org](mailto:dswartz@jfedpgh.org)

**Jewish Fertility Foundation**

Engaging hopeful parents by providing financial assistance, emotional support, and infertility education to those struggling to build their families

[jewishfertilityfoundation.org/pittsburgh/](http://jewishfertilityfoundation.org/pittsburgh/)

**Jewish Scholarship Service of Greater Pittsburgh**

Provides Jewish students with tuition assistance in their pursuit of higher education. Check for deadlines.

[jfcspgh.org/services/scholarships](http://jfcspgh.org/services/scholarships)

**JFunds**

A network of Jewish financial support services: grants, loans, scholarships and financial coaching

[Jfundspgh.org](http://Jfundspgh.org)

**Just Harvest**

Helps with filing taxes, finding healthy food, getting food stamps

[Justharvest.org](http://Justharvest.org) (412) 431-8960

**LifeSpan**

Support services for residents of Allegheny County 60 and over, all clients over 60 qualify for care management and identification of resources and may also be evaluated to see if they qualify for an appropriate form of care ranging from adult day service

[lifespanpa.org](http://lifespanpa.org) (412) 464-1300

**LIHEAP**

Low Income Home Energy Assistance Program (LIHEAP) is a federally-funded program that helps low-income households with their home energy bills. LIHEAP can help you stay warm in the winter and cool in the summer.

[compass.state.pa.us](http://compass.state.pa.us) (866) 857-7095

Fact sheets available at the front desk of the JFCS Squirrel Hill Food Pantry

**Moms Work (formerly Center for Women)**

An NCJW program focused on empowering women who seek financial wellbeing. It provides education, networking.

And advocacy related to financial wellness. [ncjwpggh.org/program/momswork/](http://ncjwpggh.org/program/momswork/) (412) 421-6118, Option 2

### **Neighborhood Legal Services Association**

Provides free legal services to low income individuals and families.

[pittsburghprobono.org/Neighborhood\\_Legal\\_Services\\_Association.asp](http://pittsburghprobono.org/Neighborhood_Legal_Services_Association.asp) (412) 402-6677

### **Pennie**

Connecting Pennsylvanians to health coverage

[Pennie.com](http://Pennie.com) (844) 844-8040

### **PGH2O Cares Customer Assistance Programs**

Help for water/wastewater bill. A variety of programs for low income individuals and families (412) 555-2423

### **RESOLVE**

24-hour Crisis Network providing phone and walk-in help for emotional distress, free for Allegheny County residents.

Concerns can be large or small. (888) 796-8226

### **Squirrel Hill Health Center**

Comprehensive healthcare for all income levels and insurance status, including dental

[squirrelhillhealthcenter.org](http://squirrelhillhealthcenter.org) Medical appointments: (412) 422-7442 Dental appointments: (412) 697-7997

### **St Vincent De Paul**

Provides clothing, household goods, rent, utility, financial assistance, and more. Helpful listing of other resources.

[svdppitt.org](http://svdppitt.org) (412) 321-1071 Additional Resources <http://svdppitt.org/additional-resources/>

### **The Branch (formerly JRS/Jewish Residential Services)**

Supports individuals with psychiatric, intellectual, or developmental disabilities, helping them learn to live, learn, work, and socialize as valued members of the community.

[Thebranchpgh.org](http://Thebranchpgh.org) (412) 325-0039

### **Thriftique/NCJW**

Resale clothing, furniture, home decor, housewares, and more

[ncjwthriftique.com](http://ncjwthriftique.com) (412) 742-4951 125 51st Street, Lawrenceville (FREE on-site parking & public transit)

### **University of Pittsburgh School of Dental Medicine**

Comprehensive and emergency care for children and adults by appointment Some financial assistance may be available for uninsured children For adults: (412) 648-8616 For children: (412) 648-8930

### **Veterans Place of Washington Boulevard**

Making veterans lives better and connecting them with resources and networks [VeteransPlaceUSA.org](http://VeteransPlaceUSA.org) (412) 363-0500

### **10.27 Healing Partnership**

A safe haven for all seeking help and healing from trauma

[1027healingpartnership.org](http://1027healingpartnership.org) Non-emergency (412) 697-3534 In in crisis call: (888) 796-8226

**Not sure who to contact – could use some support navigating services?** Contact **JFCS Critical Needs Hotline**

Support and guidance for food, career services, counseling, eldercare, special needs, navigating benefits  
[critical@jfcspgh.org](mailto:critical@jfcspgh.org) (412)742-4215

**This list of service providers is only partial and does not constitute a recommendation by the Jewish Assistance Fund.**